

Message from the CDNM



Welcome to the first newsletter from the CDNT in Brú Chaoimhín. This newsletter will complement our family forums and provide updates from the service during the year.

**Melanie Anderson, Children's
Disability Network Manager
(CDNM) – CDNT 1 (Brú Chaoimhín)**



Contact us

Cork Street, Dublin 8, D08 DH31

01 415 6563

cdnt.bru@hse.ie

Please let us know if your contact details have changed. Our phone line can be busy, so if you cannot get through, please leave a voicemail.

Staffing

We are 60% staffed.

Our team is made up of:

- occupational therapists
- speech and language therapists
- physiotherapists
- psychologists
- a social worker
- and an administrator.

We continue to recruit for more occupational therapists, speech and language therapists, psychologists, social workers, and administrative support. We are also recruiting for a dietitian, and therapy assistant to join our team.



Caseload

Open and waitlist numbers

There are approximately 500 children receiving services from the CDNT in Brú Chaoimhín.

There are 100 children and young people waiting for services.

We apologise to families that are waiting to receive services. Please contact us and we can tell you when we will be able to add your child or young person to our open caseload.

Our last forum

It took place on 12 March at 7pm in Brú Chaoimhín and 13 parents attended. We alternate meetings between mornings and evenings to suit different families' needs. Parents got an update from our Family Representatives, along with a service update from the CDNM. Parents gave their feedback on their recent experience of communications. They said that their experience of communication with the team was positive however it is very limited for families waiting for services on the waitlist. Based on the feedback, we, as a team, will be working on improving communication and providing updates to all families through use of the newsletter, the CDNT website and in line with changes to communication nationally for CDNTS.

Our next forum

The next family forum will take place on **10 June at 10am**. Attendance at our family forum is optional and for adults only. Invites will be sent out in the coming weeks.

Family Forum survey

We'd love to hear your thoughts on our family forums, whether you attend them or not. Please scan the QR code or click on the link below to access our survey. It will only take 2 minutes to complete. The **deadline for feedback is 15 May 2026**. Thank you.

[CDNT 1 \(Brú Chaoimhín\) - survey on family forums and family engagement – Fill out form](#)

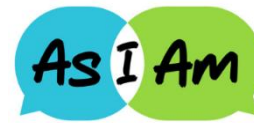


Spotlight on therapy – what does it look like?

We offer a range of supports, including parent groups and one-to-one work with your child.

Sometimes, a mix of supports may be needed. It depends on what is best suited to meet your child or young person's needs at that time. The supports all have equal value.

For example, for one child who needs toileting support, the strategies and approaches their parents learn at a toileting workshop and introduce at home might be all they need to learn this new skill. For another child, it might require support from an OT or psychologist in a follow-up consultation or home visit to identify what other strategies or approaches are also needed.



Community supports

The **AsIAm Community Hub** is based at: 5A Swift's Alley (off Francis Street), The Liberties, Dublin, D08 TN88.

It is a welcoming local space where autistic people and their families can get information, advice, and peer support in a positive, non-clinical setting.

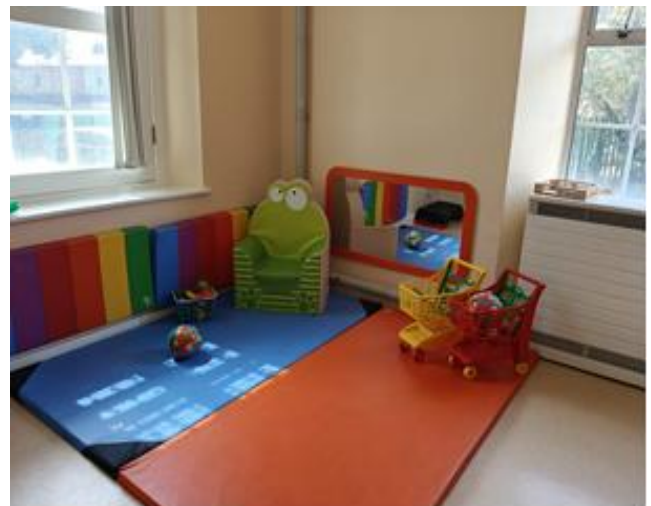
It provides advice clinics for autistic adults, and runs social groups for children and young people from ages 3-6 years; 7-10 years; 10-12 years; 13-17 years; 18+ years; as well as for parents: <https://asiam.ie/what-we-do/community-hubs/community-support-hub-2>

Attendance at appointments

In March, 53 appointments offered by the clinicians on our team were not attended.

If we do not get notice that a family cannot attend an appointment, we cannot offer those appointments to other families.

Please let us know if you cannot attend the group session, appointment or telehealth call we have organised with you.



CDNT website www.cho7cdnt.ie

If you are on our waitlist, please look at our website for helpful resources and tips.

Live webinars

We also host live webinars on popular topics for parents that are on the waitlist. You will be contacted when they are next running.

