

8. What about consent?

The young adult needs to give their consent prior to sending in any referral form to the team.

Our website www.kare.ie/young-adults-team includes a video and easy to read information which may be explain more about the team.

9. What to expect when you send a referral to the YAT

We will acknowledge receipt of the referral by email.

We will determine if the young adult meets the criteria for the team.

We may look for more information/reports to ensure the team is the best fit for the young adult.

We will communicate with you if the referral has been accepted to the team and advise on next steps.

10. How to refer to the team

You can contact yatadmin@kare.ie or phone **087 682 4240** to request a copy of the referral form.

You can download a copy of the referral form and the separate consent form at www.kare.ie/young-adults-team.

You can send all completed referrals to yatadmin@kare.ie.

If you have queries/feedback/concerns with regards to the YAT, please contact us at the email address above.

CONTACT US



Young Adults Team
Unit 3/4 St. John's Court,
St. John's Grove, Johnstown,
Co. Kildare W91 YO74.



yatadmin@kare.ie



087 682 4240



www.kare.ie/young-adults-team

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OUR SOCIAL MEDIA





1. Who are the Young Adults Team (YAT)?

The YAT provides access to multi-disciplinary clinical supports for young adults with complex needs.

The team comprises of:

- Occupational Therapist
- Speech and Language Therapist
- Clinical Psychologist
- Behaviour Support Specialists
- Social Worker
- Physiotherapist
- Young Adults Team manager
- Admin Support

2. Criteria for accessing the team

- Young adult has left school and is aged 18 - 26 years of age inclusive.
- Young adult lives or attends a day service in Dublin South Kildare West Wicklow DSKWW.
- Young adult presents with complex developmental disability related needs, which requires support from 2 or more disciplines on the team, and whose needs would not be more appropriately addressed within the framework of a Primary Care or Mental health Service.
- If the young adult attends a day service the day service does not have provision of multi-disciplinary support as part of their service level agreement. Where a day service has discipline specific clinical support available, this should be exhausted prior to a referral to the Young Adults Team.

3. How do we support people?

The YAT are a support service to the young adult, their families and staff team. We work collaboratively with the young adult and their supporters through a person centered approach to support the referral concerns.

The team support a stepped model of care. This means that the referral need may be met by:

1. Individualised support – working directly with the young adult.
2. Targeted support – through staff/family consultation meetings.
3. Universal interventions – whole staff training.

We support people through episodic care. Once the referral need is met, we close the referral. If future needs arise, you can re-refer to the team if the young adult continues to meet the criteria.

We currently do not provide support within respite/ residential settings.

4. Difference between a Day Service and the Young Adults Team

The day service can provide support with developing a person-centred plan for the young adult. They may support the young adult to secure an education/ employment placement, support the development of independence and life skills such as money management, cooking etc.

The Young Adults Team provide a more specialist level of clinical support for those that require it.

5. Who can refer to the team?

- Young adult themselves.
- Parent with consent from the young adult.
- Staff member/key worker/any person who knows the young adult if they have consent.

6. Guidance for completing the Young Adults Team referral form

Please specify in detail, what the young adult needs support with. What is their immediate need? What do you hope to achieve from the referral?

For example:

- Young adult has a manual wheelchair that they have outgrown and requires review.
- Young adult struggles to attend day centre due to high anxiety level and support is required to support the transition back to day service.
- Young adult may need support in relation to behaviour of concern.

7. Supporting documentation

The most up to date Psychological report and any diagnostic reports must be included to support the referral.

Please include any other relevant clinical reports or support plans e.g. OT/SLT/Social work/Physio report, person centred plan, communication support plan, Positive Behaviour Support plan.